

# CHIROPRACTIC SERVICES IN CHANDLER, AZ

 [advancebackandneck.com/services/](http://advancebackandneck.com/services/)



Chiropractic services can be very beneficial for a variety of reasons. If you have discomfort or back pain of any kind, it is always a good idea to go see a chiropractor. **Your pain and discomfort may be caused by poor alignment.** Once you are feeling better, you should continue your chiropractic services to maintain proper alignment and comfort.

Maintaining your health is more than just going to the doctor on a regular basis. Here at Advanced Back & Neck Care, we want to make sure you feel great and are at your optimum health level. **A chiropractor can help you ensure your body is working well both inside and out.** If you are looking for a chiropractor that cares about your health and wellness, look no further than [Advanced Back & Neck Care](#). Our doctors are here to help you feel better and they focus on you as a patient.

## Chiropractic Services

- [Car Accident Chiropractic](#)

Injuries as a result of a car accident, such as whiplash and back or neck pain, can have lifelong ramifications. **Pain from these injuries may not even manifest immediately, so you could have an injury you aren't even aware of.** Addressing these potential injuries as soon as possible is the best option for a full recovery.

- [Lifestyle Advice](#)

Understanding how to improve your overall physical wellness based on your physical activity is a great way to maintain a pain-free life. **Our experts can tailor a treatment plan to your specific wants and needs** in order to address any pain or discomfort issues you may be experiencing.

- [Lordex Spinal Decompression Therapy](#)

Developed at the Lordex Spine Institute of Houston, this procedure is a great option for patients suffering from the pain of herniated discs, sciatica, and degenerative joint diseases. **By increasing circulation to the damaged area**

**by providing traction to the affected area**, it increases kinetic activity in the lumbar muscles.

- [SpineForce](#)

Strengthening the spine itself helps not only with athletic injuries, but **those looking to improve their overall physical wellness**, as well. Coupled with exercises patients can do at home can improve the spinal strength by correcting skeletal misalignment and the correlating muscles and connective tissues.

- [Spinal and Postural Screenings](#)

**Knowing the root of the problem is the first step toward finding an effective remedy.** Our screenings provide a map of problem areas, as well as information related to overall health and general well-being.

## Benefits of Chiropractic Care

Pain management is at the center of all things that occur in a chiropractor's office. Depending on the type of pain you are experiencing, we will attempt to eliminate it entirely. We work with you to ensure **we have a plan in place to manage your pain so you are not dealing with it all the time**, or at the same magnitude. Pain management is essential to being able to live a fulfilled life and we can help you accomplish this.

**Chiropractic care can help with a number of conditions including:**

- Generalized Back & Neck Discomfort
- Nervous System Function
- Prenatal Discomfort
- Increasing Vitality
- Blood Pressure
- Migraines
- Overall Health & Wellness

**These services are also not limited to adults; Children can also benefit from chiropractic care.** Ailments related to falls, repetitive motion, or even childbirth can cause misalignments in children that can be easily remedied with a visit to a licensed, professional chiropractor.

## Turn to Advanced Back & Neck for Pain Relief

Whatever kind of pain or discomfort you are experiencing, **a consultation with our experts can help to determine the best route to take so that we can help eliminate it.** If you are interested in learning more about our chiropractic services, [request an appointment online](#), or call us at 480-814-7115. Our offices in Chandler provide a convenient location for those in the surrounding areas, such as Mesa, Gilbert, Maricopa and Ahwatukee.