

Car Accident Chiropractic in Chandler, AZ

 advancebackandneck.com/car-accident-chiropractic-chandler-az/



At Advanced Back & Neck Care, we specialize in [treating pain and injuries sustained in motor-vehicle collisions](#). Car accidents are too common, and the injuries that may result from a car accident are the most common culprits when people seek treatment for back pain. We may not even know when we're injured right away, and [symptoms could take days or even weeks to manifest](#). That's why we need to seek medical treatment immediately after we're involved in a car accident, within 24 to 72 hours of the incident. This gives us a better outlook for recovery, and establishes a documented diagnosis of our injuries. ***The sooner we start treatment, the better our chances of a full recovery, especially with whiplash and back pain.***

The speed of the vehicles at the time of the collision does not matter. Whiplash is possible even at low speeds, and this is a serious neck injury. Whether or not we experience immediate pain, and wherever we feel that pain, whether it's neck, back, or leg pain, the choices we make in the hours after a car accident may make the difference in whether or not we will recover completely from our injuries. Time passed is time lost, so we schedule chiropractic services as soon as we can.

No-Hassle Payment System for Auto Accident Pain Management Care

A car accident physically shocks and upsets us. Dealing with the aftermath of it causes stress. We don't need to stress about the financial burden of treating any injuries that we sustained in the car accident, too. At Advanced Back and Neck, we bill the insurance company of the at-fault driver directly so that there's no out-of-pocket payment for the patient. All we need for the first visit is the accident report or the at-fault driver's insurance information – or worker's compensation information if the injuries were sustained at work.

[We have experience working with car accident attorneys](#), and keep detailed notes about all injuries and visits. By making the payment system as hassle-free as possible, treatment goes forward with one less thing to stress about.

Our Car Accident Chiropractor Treats the Injury, Not Just the Pain

Whiplash Pain Management

Whiplash is caused by an abrupt backward and/or forward jerking motion of the head, often as a result of a car accident.



NERVES:

Carry the body's messages, can get pinched or irritated.

Vertebrae:

Protect your spinal cord. They can be forced into misalignment from proper position.

DISCS:

Are shock absorbers, that can bulge, rupture, or wear down.

Muscles & Ligaments:

Supportive tissues that can be stretched or torn during the force of whiplash. (not shown)

Symptoms

- Neck pain/stiffness
- Ringing in the ears
- Blurred vision
- Difficulty concentrating or remembering
- Pain or numbness in the arm and/or hand
- Difficulty swallowing



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Even if we do not feel pain right away, it's important to see our chiropractor as soon as possible after a car accident, or we may lose vital time in the recovery process. **Medication might provide temporary relief for our pain, but if we don't treat the underlying cause of the pain, we have only given ourselves a crutch with the pain pills.** At Advanced Back & Neck, our chiropractors work on treating the underlying injury, which could range from misalignment of vertebrae to injured muscles. If these issues go untreated, they could have long lasting effects that might not be prevented by our medications alone.

Chiropractic care and treatment is non-invasive and well-suited for relieving the neck pain, headaches, shoulder pain, mid-back pain, numbness or tingling, low-back pain, fatigue and other debilitating effects of whiplash and other injuries. **Our chiropractors specifically trained to help victims of car accidents, and our comprehensive care and techniques go beyond neck and back injuries.** We review diagnostic imagery, such as MRI or X-rays, and develop a complete and well-rounded treatment plan specific to the patient.

Head-to-Toe Treatment for Car Accident Injuries

The most common injuries in a car accident affect our soft tissue, such as ligaments, tendons, and muscles. These are the injuries that X-rays miss, and it's important that our chiropractor diagnose and document these types of

injuries as soon as possible. Our chiropractors treat a variety of injuries from head to toe.

- **Whiplash and Neck Pain**

Whiplash happens when there is an intense impact that causes our head to whip back and forth suddenly. This violent movement of the head and neck can cause tendons and muscles to tear, and can even damage the vertebrae in our spine. Chiropractic care can help a whiplash injury with muscle relaxation treatments, and special McKenzie exercise that are specially designed to help reduce derangement of the discs in our vertebrae.

- **Sciatica and Low Back Pain**

Sciatica and low back pain can be caused by muscle spasms in the low back and buttocks, which can happen as a result of injuries and strains suffered in a car accident. Chiropractic treatment and [physical therapy](#) helps reduce the muscle swelling and spasms that puts pressure on the sciatic nerve.

- **Shoulder Pain**

Shoulder pain can be caused by damage or stress to the soft tissue in our shoulders. Chiropractic care can treat shoulder pain with adjustments that realign the shoulder joint.

- **Knee Pain**

Sudden injury is a common cause of knee pain. Chiropractic adjustments can help treat knee pain by restoring alignments to structures in the knee and other joints and ligaments that are associated with the knee pain.

- **Hip Pain**

Hip pain can be a result of muscles and tendons in the hip joint being strained or injured. [Chiropractic care can treat hip pain with physical therapy that increases range of motion and mobility.](#)

Contact Advanced Back & Neck Care for Auto Accident Treatment Today

At Advanced Back & Neck Care in Chandler, Arizona, we have a [complete pain management clinic for patients that are suffering from injuries sustained in a car accident](#). We have many years of experience treating those suffering from pain after they've been in a car accident. Our chiropractic care focuses on finding the root causes of pain, and using a variety of treatments, we develop and implement a treatment plan that helps our patients reach their maximum level of wellness and productivity. In addition to our chiropractic care, we also offer [therapeutic injury massage therapy](#), have a physical therapist on staff, and a licensed anesthesiologist – we are a complete [pain management clinic](#) that can offer you a comprehensive treatment plan for your unique situation. [Contact us](#) at (480) 814-7115 to get relief from your auto injuries.

[← Previous](#)